

**Old As Mountains, New As Snow
(We Are One)
Seven Syllables feat. Putnam Smith**

Let's fly away on the breeze
Listening to the songs of trees
Whispering tales of long ago
Old as mountains, new as snow

Like a swift sugar glider
We can only fly higher
Together with friendship light
We can conquer dark and night

Let's make a constellation
With our bodies as the stars
We are moonlit flocks
Fireflies not trapped in jars

Chorus:

Before the day is through and done,
Remember the words "we are one"
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The jigsaw puzzle has pieces
That join to make a picture
We all have our own lil' niches
Don't fret if you're not yet sure

As far as we can fathom
We're one in this empty chasm
We are the birds and the beasts
We're waves on the open seas
Chorus

Bridge:

Let's find the place that makes us
And know that we are one
Let's see the world around us
And know that we are one

Let's know what happens around us
From a tree to a possum to the ocean
The wind that swirls and gusts
Like the world's constant motion

We're the beat that never ends
With a helping hand to lend
We are one until we're gone
From the dusk until the dawn

Chorus x2

Remember the words "we are one"